

ARM WRESTLING – June 21, 2010

FORMAT: Double elimination. Peg table. Competition begins at 7:00 p.m. There is a mandatory weigh-in from 3pm – 4pm on June 21st OR June 20th at 5pm – 6:30pm . Weigh-ins will be held at the PGA Village – site of registration. Competition for women is offered in the following three weight categories: up to 121, 122-143 & 144+. Right-handed men weight categories are: up to 154, 155-176, 177-198, 199-220, 221-242, and 243+. Left-handed men weight categories include: up to 176, 177-220 and 221+