

Florida Police & Fire Games

All-Time Records

1985-2010

BENCH PRESS DIVISION	YEAR	NAME	AGENCY	AMOUNT
Open 132 lbs.	1997	Paul Fogt	Federal	275 lbs.
Open 142 lbs.	1988	Thomas Holmes	UCI	350 lbs.
Open 148 lbs.	1992	Luis Sanchez	Hialeah PD	310 lbs.
Open 165 lbs.	1994	Tim Holmes	DOC	420 lbs.
Open 181 lbs.	2010	Stephen Judah	FWC	450 lbs.
Open 198 lbs.	1992	Rodney Rupe	Pasco CO SO	515 lbs.
Open 220 lbs.	2001	Mike Ferrantelli	Pasco CO SO	530 lbs.
Open 242 lbs.	2002	Bryan Griffis	DOC	520 lbs.
	2007	Don Daubert	Sarasota SO	
	2010	Don Daubert	Sarasota SO	525 lbs.
Open 275 lbs.	2002	Scott Martin	DOC	600 lbs.
Open Unlimited	2003	Chris Cheathan	Palatka PD	565 lbs.
40-49 148 lbs.	2003	Jeffrey	DOC	275 lbs.
	2008	Howell	DOC	275 lbs.
		Jeffrey Howell		
40-49 165 lbs.	2007	Ken Lamp	Bradford CO	340 lbs.
	2008	Ken Lamp	SO	340 lbs.
			Bradford CO	
			SO	
40-49 181 lbs.	2005	Tim Holmes	DOC	425 lbs.
40-49 198 lbs.	2007	Tim Lang	Englewood Fire	455 lbs.
40-49 220 lbs.	2006	Tim Whitehead	DOC	435 lbs.
40-49 242 lbs.	2008	Nicholas Gianitsis	Bradenton PD	510 lbs.
40-49 275 lbs.	2010	Marc DeCarlo	Ft Lauderdale PD	575 lbs.
40-49 Unlimited	2004	Marc DeCarlo	Ft Lauderdale PD	545 lbs.
+50 up to 132 lbs.	2006	Andrea Grier	Federal	260 lbs.
+50 148 lbs.	1998	John Candler	Broward CO SO	190 lbs.
+50 165 lbs.	2008	Lee Lichtle	Sarasota Co	305 lbs.

+50 181 lbs.	2002	Burton Griffin	Jacksonville SO	330 lbs.
+50 198 lbs.	2010	Tim Lang	Englewood Fire	450 lbs
+50 220 lbs.	2008	Tim Lang	Englewood Fire	480 lbs
+50 242 lbs.	2009	Tim Whitehead	DOC	505 lbs.
+50 275 lbs	2010	Tom Harrier	Orange CO SO	475 lbs.
+50 UNL	2005	Alfred Cutchin	Gulf CI	420 lbs.
60+ 181 lbs	2010	Lee Lichtle	Sarasota CO SO	325 lbs.
60+ 242 lbs	2010	Kenneth Morrow	Palm Bch CO SO	250 lbs.
70+	2008	Johnny Yong	Sarasota CO SO	375 lbs.
Women Hvy	2007	Jaqulyn Davis	Union CI	275 lbs.
Women Lt	2007	Ellen Miller	Lakeland PD	205 lbs.